



Lindh Tobias

Suède, Bors

Polska - A Manual

A propos de l'artiste

Je suis un pianiste / improvisateur à l'origine, - J'ai toujours aimé improviser sur le piano, si presque tous mes compositions proviennent improvisations.

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A propos de la pièce

Titre : Polska - A Manual
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Style : Methodes

Lindh Tobias sur [free-scores.com](https://www.free-scores.com)



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Polska

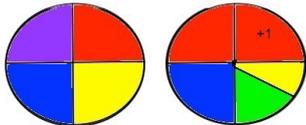
*Variety
Pleases*

Question :
What characterises a Polska?

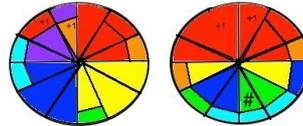
Answer : The 3/4 time signature and the polska-rhythm
Often the 8-bar period is employed

Checkpoints or Skeleton

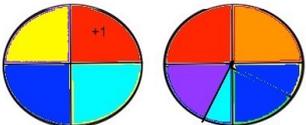
The checkpoints shall be connected by a fitting weave of tones, the skeleton become animated, so to speak.



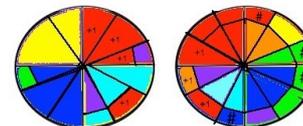
Realization



Checkpoints

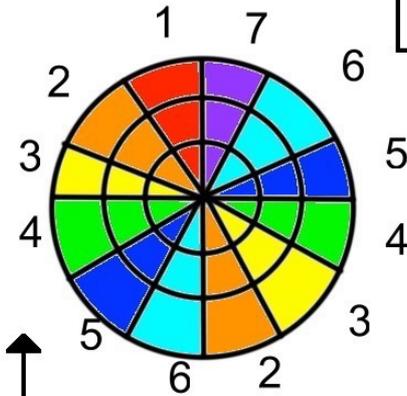
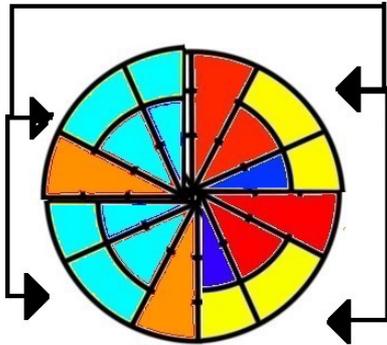


Realization



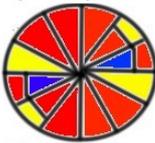
The 8 bars are now repeated, and it is custom to vary the melody somewhat.

To repeat a bar is common.



Symmetry
7 6 5 4 3 2
6 5 4 3 2 1
(Sequence downwards)

Two bars can be repeated too.
Symmetry based on one bar is very common, 'customary'



2 bar repetition

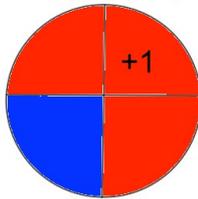


Symmetrical

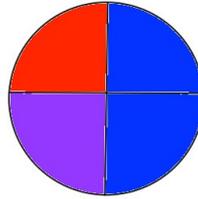
As is Symmetry.

Task : Make checkpoints

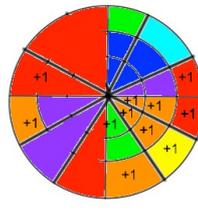
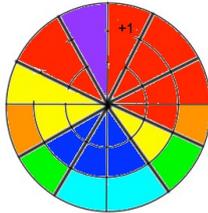
The first 4 bars can be seen as a 'Statement' and the next 4 bars as an 'Answer' to this 'Statement'.
It is rude to only deliver a statement without an explanation or an answer.
The answer or explanation gives credibility and meaning to the statement.



Start with a 'Statement'



Then deliver the 'Answer' or explanation.



Then connect the checkpoints with meaningful music, so that the 'Skeleton' acquires flesh, skin and life.

The 'Polska' has meaning, grammar and a cultural worth based on 500 years of tradition.

Polska

Question :

What characterises a Polska?

Answer : The 3/4 time signature and the polska-rhythm

Often the 8-bar period is employed



Checkpoints or Skeleton

The checkpoints shall be connected by a fitting weave of tones, the skeleton become animated, so to speak.

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Realization :

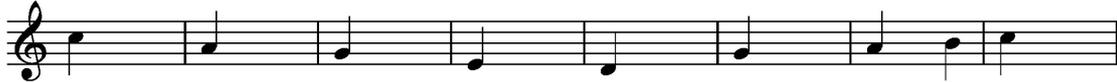


With schwung, accented 1st and 3rd beat

15



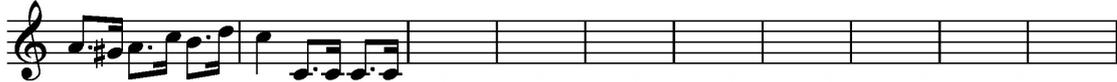
25



33



39



60

The 8 bars are now repeated, and it is custom to vary the melody somewhat.
Variety pleases, a Swedish saying.

71



71



49 To repeat a bar is common.

(Repetition, the same) (Repetition) Symmetry too, based on two bars, is often used.

Detailed description: This exercise consists of a single staff of music in treble clef. It contains 10 measures. The first four measures are: C4, D4, E4, F4 (quarter notes); G4, A4, B4, C5 (quarter notes); D5, E5, F5, G5 (quarter notes); A5, B5, C6, B5 (quarter notes). The next four measures are: A5, B5, C6, B5 (quarter notes); D5, E5, F5, G5 (quarter notes); G4, A4, B4, C5 (quarter notes); C4, D4, E4, F4 (quarter notes). The final two measures are: G4, A4, B4, C5 (quarter notes); D5, E5, F5, G5 (quarter notes). Above the first and last measures of the second group, there is a '3' indicating a triplet of the last three notes.

56

Detailed description: This exercise consists of a single staff of music in treble clef. It contains 10 measures. The first four measures contain the notes: C4, D4, E4, F4 (quarter notes); G4, A4, B4, C5 (quarter notes); D5, E5, F5, G5 (quarter notes); A5, B5, C6, B5 (quarter notes). The remaining six measures are empty.

67 Two bars can be repeated too. Symmetry based on one bar is very common, 'customary'

(Repetition) (Symmetry)

Detailed description: This exercise consists of a single staff of music in treble clef. It contains 10 measures. The first four measures are: C4, D4, E4, F4 (quarter notes); G4, A4, B4, C5 (quarter notes); D5, E5, F5, G5 (quarter notes); A5, B5, C6, B5 (quarter notes). The next four measures are: A5, B5, C6, B5 (quarter notes); D5, E5, F5, G5 (quarter notes); G4, A4, B4, C5 (quarter notes); C4, D4, E4, F4 (quarter notes). The final two measures are: G4, A4, B4, C5 (quarter notes); D5, E5, F5, G5 (quarter notes). The first and last measures of the second group are marked with a '3' above them, indicating a triplet of the last three notes.

73

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49

Task : Make checkpoints



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Then deliver the 'Answer' or explanation.

58



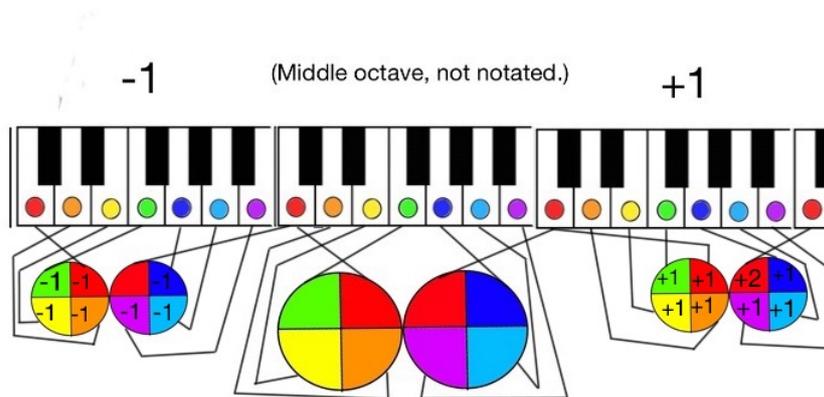
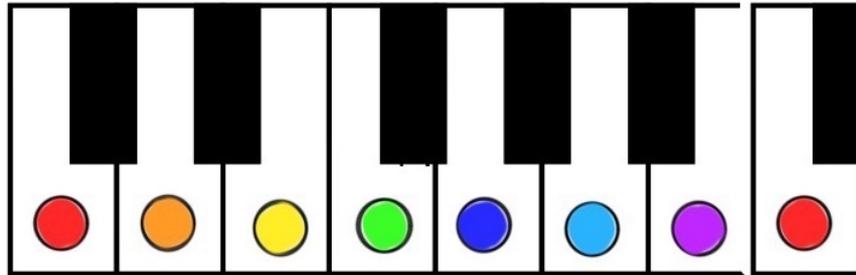
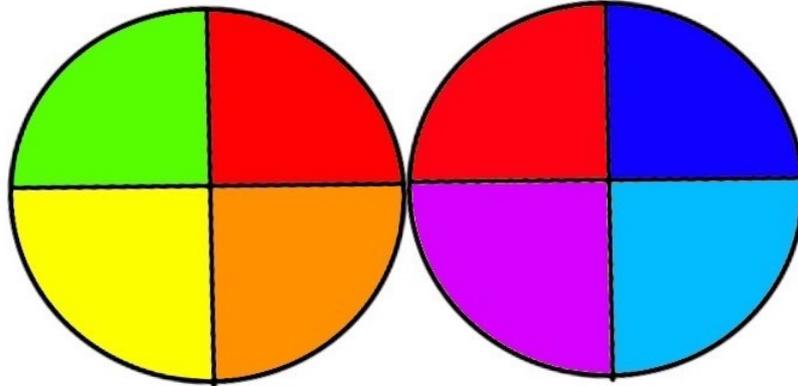
64

Then connect the checkpoints with meaningful music, so that the 'Skeleton' acquires flesh, skin and life.



The 'Polska' has meaning, grammar and a cultural worth based on 500years of tradition.
(Or more)

8 Tones



Sharps are notated with # and Flats with b

If one plays a Polska in F-major, one writes F: under the notation, at the beginning.

The F then becomes Do, the G and A Re and Mi.