

# Four Arms, Two Necks, One Wreathing

Ayeres or Phantasticke Spirites no. 14, 1608

Thomas Weelkes

Soprano

Alto

Basso

Four arms, two necks, one wreath - ing, two pairs of lips, one  
The thought of this con - founds me, and as I speak it  
Bad sto - machs have their loath - ing, and O this all is

4

S

A

B

breath - ing. Fa la la la la, fa la la la la, fa la la la la la la la.  
wounds me.  
no - thing

10

S

A

B

Two hearts that mul - ti - ply sighs in - ter-change - a - bly. Fa la,  
It can - not be ex - press'd, good help me while I rest.  
This so with grief doth prove, re - ports oft turns in love.

15

S

fa la, fa la la la la, fa la la la la, fa

A

B

18

S

la la la la la, fa la la la la la, fa la la la la.

A

B