



# Doris Grall

Arranger, Composer, Director, Interpreter, Publisher, Teacher

France, REMIRE MONTJOLY

## About the artist

Studied at the Landaeta Music School of Music in Caracas, Venezuela as a guitar player, composer, and teacher of History of Music, Analysis, and Solfa. Studies in recorder playing at University of Indiana. I have directed several groups of recorder ensembles with my students and I have written numerous arrangements for them. They are being published on Free-scores.com

**Qualification:** Qualified as composer, guitar and recorder player; teacher and conductor of recorder ensemble

**Artist page :** <https://www.free-scores.com/Download-PDF-Sheet-Music-hemiola.htm>

## About the piece

**Title:** bourree [Method]  
**Composer:** Grall, Doris  
**Arranger:** Grall, Doris  
**Copyright:** Copyright © Doris Grall  
**Publisher:** Grall, Doris  
**Instrumentation:** Flute solo  
**Style:** Instructional

## Doris Grall on [free-scores.com](https://www.free-scores.com)



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# Book 1/2

Exercises

## ARTICULATIONS on MAJOR SCALES

For ALTO RECORDER

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### Content

#### SCALES :

*up to two sharps and flats*

#### ARTICULATIONS

—

*Portato and Legato*

*Staccato*

*Dotted notes: baroque and non baroque*

*Non portato*

*3- notes group*

*Upper C Major scale*

*Giga and Siciliana*

*Revision all articulations*

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## *Preface*

It is well known that to master a musical instrument, the practice of scales is fundamental. These exercises on scales have been coupled with articulations (tonging), so important in playing the recorder as they control sound intensity, accents and expression. The articulations are based on Walter van Hauwe's Modern Technique for Recorders. In addition, when done slowly they help in obtaining a good breath control. In case it is desired to study minor scales along with the major scales, they have been written in the same progressive manner.

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Il est certain que pour bien jouer d'un instrument musical, la pratique des gammes est nécessaire. Aux exercices de gammes que nous présentons ont été ajoutés des articulations qui sont tellement importantes dans le jeu de la flûte à bec car elles contrôlent l'intensité du son, l'accentuation et l'expression. Les articulations sont celles indiquées par Walter van Hauwe dans sa Technique Moderne de la Flûte à Bec. De plus, pratiquées lentement, ces exercices aideront à obtenir un bon contrôle du souffle. On pourra étudier les gammes mineures en même temps que les majeures car elles ont la même progression.

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***Doris Grall***

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## 1 - SCALE of C MAJOR

Portato and Legato

**A** Portato

Alto Recorder

*Tu-----du Tu-----du etc-*

**B** Legato

10 A. Rec.

*Tu-----u Du-----u Tu-----u Du-----u Tu*

**C** Portato

15 A. Rec.

*T d T d etc*

**D** legato

20 A. Rec.

*Tu u u u etc.*

**E** 2 portato- 2 legato

25 A. Rec.

*T - d T----- etc.*

**F** legato

30 A. Rec.

**G** Portato -----Legato

35 A. Rec.

**H** Legato-----Portato

40 A. Rec.

**I** Legato-----Portato

45 A. Rec.

## 2 - C MAJOR

## Portato and Legato

**A** Portato

Alto Recorder

*T-d T---d etc.*

**B** legato

A. Rec.

*T T etc.*

**C** portato-legato

A. Rec.

*T-d T----- etc.*

**D** legato- portato

A. Rec.

*T--- T- d etc.*

**E** portato

A. Rec.

*T t- d etc.*

**F** portato

A. Rec.

*T T. d T - d etc.*

**G** portato y legato

A. Rec.

*T du-u T du etc*

**H** portato----- legato

A. Rec.

*T- d T- d Tu- u etc.*

**I** legato - portato

A. Rec.

*Tu- u T- d T- d etc.*

## 3 - F MAJOR

Staccato

**A** Portato

Alto Recorder   
T-d T-d etc.

**B** Legato

A. Rec.   
Tu-u du-u etc.

**C** legato

A. Rec.   
Tu-u Tu-u Tu-u

**D** Portato-Staccato etc.

A. Rec.   
T---d Tt Tt etc.

**E** Legato- Staccato

A. Rec.   
Tu-u Tt Tt etc.

**F** Staccato-Portato

A. Rec.   
Tt Tt T-d etc.

**G** Staccato-Legato

A. Rec.   
Tt Tt Tu-u etc.

**H** Staccato- Legato

A. Rec.   
Tt Tt Tt Tt Tu-u etc.

**I** Portato- Staccato

A. Rec.   
T-d Tt Tt Tt Tt etc.

**J** Legato - Staccato

A. Rec.   
Tu- u Tt Tt Tt Tt etc.

## 4 . F MAJOR

## Dotted Notes

**A** non baroque

Alto Recorder

*T - d T etc*

4

A. Rec.

**B** Baroque

8

A. Rec.

*T t- d etc.*

**C** non baroque

15

A. Rec.

*T- d T etc.*

**D** Baroque

22

A. Rec.

*T t- d etc.*

**E** non baroque  
portato

29

A. Rec.

*T - d T- d etc.*

**F** baroque- portato

34

A. Rec.

*T t T d*

**G** baroque-legato

39

A. Rec.

*T t- d - etc.*

**H** baroque- staccato

44

A. Rec.

*T t Tt Tt etc.*

# 5- F MAJOR

non-portato

5

**A** non portato

Alto Recorder

6 **B** non adjacent notes *T T D D etc.*

A. Rec. *T T D D etc.*

9

A. Rec.

12 **C** legato-non portato

A. Rec. *Tu - u D D etc.*

19

A. Rec.

26 **D** non portato- legato

A. Rec. *T T du=u*

30

A. Rec.

34 **E** non portato- portato

A. Rec. *T T T---d etc.*

41

A. Rec.

48 **F** legato- non portato

A. Rec. *Tu. u D D etc.*

52

A. Rec.

56 **G** non baroque dotted non portato

A. Rec. *T-----d T T etc.*

63 **H** dotted baroque-non portato

A. Rec. *T t- D D etc.*



## 6- B b MAJOR

Three notes group

**A** 3-note group

Alto Recorder

*T d r etc*

5

A. Rec.

**B** 3-note group

A. Rec.

*T- d- r etc.*

10

**C** Gigue

A. Rec.

*T- d Tt etc.*

19

**D** Gigue

A. Rec.

*Tu- u Tt etc*

23

**E**

A. Rec.

*T du- u etc.*

27

**F** Siciliana

A. Rec.

*T t- d T- d etc.*

36

**G** Sarabande

A. Rec.

*T t du u etc.*

43

**H** Menuet

A. Rec.

*T d r t d etc.*  
*T- d- r Tu-u T-d Tu-u etc.*  
*T- t- d*

51

## 7- C MAJOR

## Upper scale

**A** 1- portato  
2- staccato

Alto Recorder

*T d T d  
Tt Tt Tt Tt etc*

**B** long links

A. Rec.

**C** portato-----staccato

A. Rec.

*T- d T- d Tt Tt Tt Tt etc.*

**D** portato-non portato

A. Rec.

*T- d T T etc.*

**E** mixed

A. Rec.

*T tu-----u T T-d etc.*

**F** mixed with three-note group

A. Rec.

*T T D-d etc.  
T T- d- r etc.*

**G** gigue

A. Rec.

*T Tu-u Tt etc.*

**H** dotted -not baroque

A. Rec.

*T- d etc.*

**I** dotted baroque

A. Rec.

*T t- d t- d etc.*

# 8- G MAJOR

## Giga and Siciliana

**A** 1) portato  
2) legato  
3) staccato

Alto Recorder

4

A. Rec.

8 **B** 1) portato- legato  
2) staccato-legato

A. Rec.

*T- d T- d T-----  
Tt Tt Tt Tt T----- etc.*

15 **C** 1- non baroque  
2- baroque

A. Rec.

18

A. Rec.

22 **D** legato

A. Rec.

*T du-u etc.*

28 **E** portato

A. Rec.

*T t- d etc.*

34 **F** staccato

A. Rec.

*T Tt Tt etc.*

40 **G** Gigue portato

A. Rec.

*T- d Tt etc.*

46 **H** Gigue legato

A. Rec.

*Tu-u Tt*

52 **I** Siciliana

A. Rec.

*T t d T d*

# 9- D MAJOR

all articulations

**A** 1) portato  
2) staccato  
3) non portato

Alto Recorder

**B** legato

A. Rec.

**C** portato-----staccato

A. Rec.

*T t-d T tt tt etc.*

**D** portato-----legato

A. Rec.

*T t-d T tu-u etc.*

**E** portato

A. Rec.

*T d r  
T t d  
T d Tt*

**F** portato

A. Rec.

*T t-d etc.*

**G** legato

A. Rec.

*T t-- T t - etc.*

**H** Staccato

A. Rec.

*T tt tt etc.*

**I** 1- non baroque  
2- baroque

A. Rec.

*1) T-d T- d etc.  
2) T t- d t- d etc.*